

The Light Switch

Without faith it is impossible to please God...

Hebrews 1:6

I want to let you in on a little conversation I had with the Lord. As I was driving in my car I was worrying. I won't get into what it was all about, but the Lord spoke to me. Please bear with me. Our conversation was not out loud but in spirit and here is the gist of it. He told me to turn off the switch. The switch? Yea, He reminded me of the light switch in my dining room at home. When I turn it on, the power flow makes the light bulb glow. He simply instructed me to turn off the power supply to my worries and fears.

When I worry I am feeding a thought with fuel. Before you know it I have imagined a big problem and I am sure it is going to come about. What I need to do is what Paul instructed the Philippians church to do: think on these things, whatever is true, noble, right, lovely, pure, admirable, excellent or praiseworthy (Phil 4:8). Do you hear one switch being shut off and another one being turned on?

I didn't think it would be that easy but as the Lord instructed, I turned off the switch and He immediately said for me to surrender to Him. In other words, give Him care and guardianship for all my worries. I heard the words, "Come unto me all of you who are weary and burdened (worried) and I will give you rest" - Matthew 11:28. So I lifted my heart and said, "here Lord, they are yours." My soul was soon at rest.

I began to realize that faith is entrusting Jesus with my cares and concerns. Peter said that Jesus entrusted himself to the One who judges justly (I Peter 2:23). To entrust the Lord with the things that concern you, you need to do what the word implies, hand the situation over to the care of another, let it go, completely, by trusting another to take up the burden and responsibility for the outcome. That "other" would be Jesus.

Turn off the switch of worry and turn on the switch of total trust. I say total trust because as soon as you let your mind have an inch of skepticism, it will gallop off into the horizon of fear.

Where do you need to shut off the power supply of worry and fear? This is a spiritual exercise. Paul encourages the Ephesians church to put off the old and put on the new. The switch is in your spirit. You choose daily what voice to listen to. The voice of the Lord that says He will hold your future, or the voice of worry that keeps you running in fear? I noticed as soon as I handed my worries over to the Lord I was at rest and able to receive wisdom from the Holy Spirit on how I was to proceed with an issue I was facing. Lord, help us to hear your loving voice today and trust you totally with all of our lives. Amen!